

“The human being consists of the echo from the zodiac, of the echo from the movements of the planets, of the imprint of the movements from the planets as thinking, feeling and willing as well as the perception of the echo from the zodiac.”

(Rudolf Steiner GA.209 *Der Mensch als Erdenwesen und Himmelswesen*)

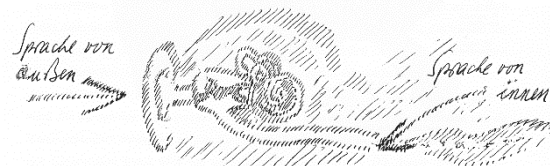
It is well known that Rudolf Steiner assigned the consonants to the zodiac and the vowels to the planets of our solar system.

Through pronouncing each consonant and vowel at the same time as it is being stroked on the body of the patient, the chirophonetics awakens within the patient his original divine source and simultaneously activates his internal collaboration.

Rudolf Steiner explains that when the human being hears a word, he silently pronounces the same word internally with his etheric body and, through the eustachian tube, the word sounds etherically from inside towards the word spoken on the outside. When the two vibrations from the outside and the inside meet and amalgamate then the individual comprehends internally the word that comes from outside.

(R. Steiner, GA 218, 9.Dez.1922)

Alfred Baur says: “(...) our internal speech is always a little bit behind. The difference in time is very important.”



Alfred Baur nach Rudolf Steiner

"For each word that is pronounced or heard the kinesics identifies specific muscle reactions (etheric and astral bodies) with a time shift (self synchronisation and interactional synchrony) of 40-50 milliseconds (health) or a asynchrony (illness)".  
From: "Der Sprachsinn", Peter Lutzker

Neurophysiology ascertains that the amalgamation of all sensorial stimulations in the midbrain influences the maintenance of the basal muscle tonus (experiencing the astral body). What comes from outside stays in balance with the interior of the human being (self-activity).

In medicinal therapy the substances that are administered to the human body are being examined and recognised by the inner self (etherisation and astralisation), otherwise they would remain a foreign substance. It is the human being who submits them to a homeopathic process and in doing so makes use of their healing forces.

When the chirophonetics therapist pronounces the phoneme (in Greek = *phoné*) and at the same time applies his hands (in Greek = *cheires*) on the patient's skin, the patient not only hears the sound but also perceives the shape in its nascent state and experiences its cosmic force. A synchronisation between speaking and stroking takes place through perceiving and experiencing. The Self identifies the elements that materialise the path of becoming a human being (zodiac and planets).

## Activation of the senses through Chirophonetics

Elements	Ether	Senses	Body
Earth	Ether of Life	Sense of Touch	Echo of the Zodiac
Water	Ether of Sound	Sense of Life	Echo of the Planetary Movements
Air	Ether of Light	Sense of Movement	Experience of the Planetary Movements
Fire	Ether of Heat	Sense of Balance	Perception of the Echo of the Zodiac

The four basal senses are activated through the chirophonetics, as well as their metamorphosis in the senses of self, thought, word and hearing.

The therapist uses as a basis what he is able to recognise through the anamnesis and the objective observation of the patient. He can then apply single phonemes or sequences of phonemes, as well as forms of speech rhythms. This occurs in the same way as it would in a medicinal therapy, when single or compound medicine is being used.

During the formation of a chirophonetics therapist the student learns to stroke the air currents of each phoneme and, with theory, practice and anthroposophical fundamentals, recognises their healing power in the same way as a medical student learns to know the medicine.

*"The medicine in chirophonetics are the phonemes of the human speech"*

## The creation of the Chirophonetics

Alfred Baur, the founder of chirophonetics was, with therapeutic interest, searching for the "healing substance" because experience showed him that in cases of speech disturbances the usual logopedia methods did not really work. Thanks to his intensive research in the area of the human speech, physiology, anatomy and of the metamorphosis of the organism of speech to the whole organism, Alfred Baur was able to find the "healing substance": it lies in the human speech itself! Anthroposophy was the foundation of all his scientific studies. With his continuous research, practice and transmission, Alfred Baur developed the chirophonetics into an extensive therapy for all health disturbances. Chirophonetics was therefore developed on the same basis every doctor uses within himself when practicing the art of healing.

*Dr. Mauro Menuzzi*

Alfred Baur, 1925-2008



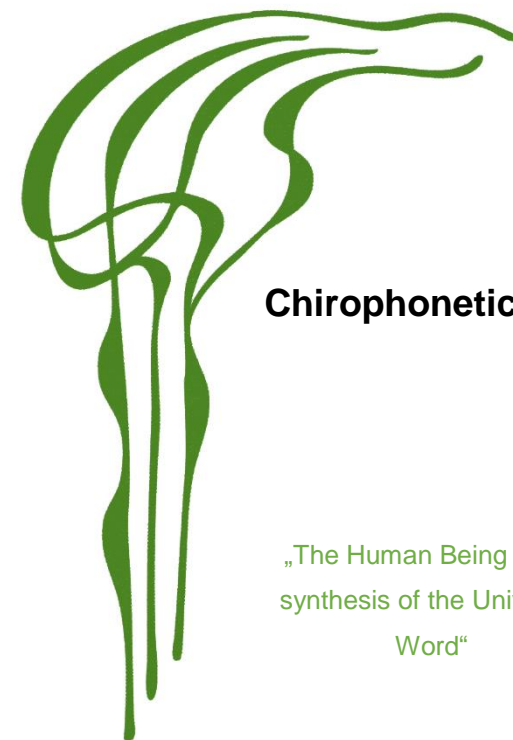
Doctor of German Philology, History and Philosophy. Therapeutic pedagogue and speech therapist. Founder of a medical practice of logopedia and therapeutic pedagogy together with his wife Dr. Ilse Adelgunde Baur, anthroposophical doctor. He was well known as an author of books related to practice and for his fundamental work "*Healing Sounds: Fundamentals of Chirophonetics*".

The development of the chirophonetics began in 1972 on the basis of the work with speech therapy. Chirophonetics owes its name to Dr. Gisbert Husemann. Since 1976 the chirophonetics spreads throughout the world as an additional, valuable formation for therapists, therapeutic pedagogues and educators. Medical doctors who have, through their professional research activities, discovered chirophonetics, also experienced that phonemes from the human speech can be administrated to human beings like medicine and have also experienced their healing effect.

## Chirophonetics worldwide

Argentina	ceynor@fibertel.com.ar
Australia	bwcbaldwin@icloud.com
Austria	u.mori@aon.at
Brazil	obniski@globo.com
Czech Rep.	p.milek@centrum.cz
Denmark	jytte.iversen@ny-post.dk
Finland	jutta.oels@gmx.net
Germany	kontakt@stephan-rex.com
Iceland	hgrs@internet.is
Italy	angela.assenza@fastwebnet.it
Netherlands	conny.riezebos@online.nl
Portugal	mauro@ebas.de
Russia	n_k_h_@mail.ru
Spain	beate.hesterkamp@gmail.com
Sweden	christa_sievers@hotmail.com
Switzerland	christine.marending@bluewin.ch

Every two years representatives from these countries meet for research activities and to share their experiences.



## Chirophonetics

„The Human Being is the  
synthesis of the Universal  
Word“

Escola de Quirofonética em Portugal

[www.a-ama.com.pt](http://www.a-ama.com.pt)

[quirofonetica@a-ama.com.pt](mailto:quirofonetica@a-ama.com.pt)